

Caring Role

Abuse happens, and not just to children. The HFYFC Child Protection Policy is set out to protect any under 18 year old or vulnerable adult. But many cases of abuse do not surface until later in life and are often disclosed to a close friend. Please read the following information, it is especially relevant if you are a minor or someone who is working with minors, some of the information may help you support a friend in the future.

There are four types of abuse:

Physical: Where young people are made to suffer physical pain, injury or death. This is usually recognised through frequent unexplained injuries.

Sexual: Where adults seek sexual gratification from children or young people. This can produce change in personality, a quite child becoming aggressive or a boisterous child becoming quiet. Sexually explicit talk and behaviour inappropriate to the child's age, or depression even suicide.

Emotional: Where young people are harmed by a lack of love or affection, or are in receipt of threats, taunts, bullying etc. Often causing low esteem and a lack of confidence, difficulty in forming friendships. Can be withdrawn, depressed and a loner.

Neglect: Where a child's basic physical and psychological needs are not met. This will sometimes show as poor health an hygiene, often unsupervised. Constant hunger and inappropriate clothing for the conditions.

This document forms part of your membership agreement with the Herefordshire Federation of Young Farmer's Clubs.

We want to make sure that you and your fellow members of YFC, is both safe and enjoyable.

Please ensure that you read this carefully and where possible take up the relevant training opportunities available.

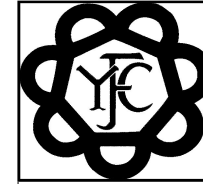
Full copies of the Child Protection Policy, Health & Safety, Risk assessment Templates and Equal Opportunities Policy are available from the YFC Centre.

Remember Young Farmers Clubs are about you. Help create a safe environment for yourself and others to enjoy all that YFC can provide.

Herefordshire Federation of Young Farmers' Clubs

YFC Centre
Beech Business Park, Tillington Road
Hereford. HR4 9QJ

Phone: 01432 274187
Hotline: 01432 342223
Email: countyadmin@hfyfc.org.uk
www.hfyfc.org.uk



Herefordshire
Federation of
Young Farmer's
Clubs

WHO CARES?



**Welcome to
Herefordshire
Federation of Young
Farmer's Clubs**

We Care

Who Cares? YFC Cares about you!

Welcome to HFYFC. We care about you but you have a duty to care about you too! As a member you also have a duty of care for your fellow members and the Federation. The overall responsibility of your club may rest with your chairman but, you



as a club member must support them and ensure the safety of your members at all times.

Practical Advice

1. Check all premises for hazards!

Broken glass, loose carpets, wobbly chair, poor lighting etc. Be it at your venue, an outside visit or a fun event, if you see something that could cause harm, take action or inform someone who can.

2. Risk Assessments

For all club meeting and new activities ensure someone has carried out a full risk assessment. For example, clay pigeon shoots are great but not if you are in the line of fire! Be aware other people's actions can create risk, if something causes doubt, check it out. Risk assessment forms and advice are available from the HFYFC County Field Development Officer

3. Fire Safety

Are there fire instructions by the door of your venue? What would you do in the case of fire?

4. First aid

Where is the nearest first aid box? Is it up to date? Could you use it? Find out who can use it or better still apply to get training to use it. If there is an accident ensure it is recorded on a YFC Accident Reporting Form, noting date, time, injury, cause, action and names of those involved. A copy of the form needs to be returned to the County office.

5. Attendance

Make sure all your members have an updated parent consent form., remember you may need additional parent consent forms for any special activities arranged. Does your club keep an attendance book? In the event of a fire would you know if all the members got out safely? It could be you still stuck in the loo!

6. Transport

Thank you if you provide transport for you fellow members. Sharing transport is not only cost effective it is essential for the survival of rural youth clubs. Be a safe driver at all times. Discourage the would be "Schumacher's by refusing to travel with them. Remember it is never safe to drink and drive, stick to soft drinks when responsible for others. If transporting under 18's ensure they sit in the rear of the vehicle and if possible have another adult with you in the front.



Never overload your car and ensure everyone wear a seat belt. Encourage parents to transport or accompany under 18's to and from venues. If you do transport a minor on a one to one basis ensure their parents are notified and agree.

7. Personal Safety

Be aware of how other members get home. Discourage members from walking home unaccompanied. Do not leave a member alone to wait

for a lift. Be aware of alcohol! It alters the state of the mind and the perception of safety! Never encourage or purchase alcohol for an under 18 and keep an eye on those who choose to over



If you have a concern or something of concern has been brought to your attention there are a number of steps you should follow.

1. Stay calm, it take great courage to talk about abuse. If talking with a minor (under 18) make it clear that you cannot promise confidentiality but that you will ensure they get the help and support they need.
2. Give them individual attention and reassure them that you will not blame or judge.
3. Never physically examine anyone.
4. Do not question the person involved you can ask them to clarify but leave the questions to the professionals.
5. Make hand written notes as soon as possible of the discussion, include date, time and your signature.
6. Encourage and support the individual in contacting the appropriate authorities such as the police or social services or calling one of the help lines listed on this leaflet.
7. With the member's permission, report any disclosure and action taken to the County Child Protection Officer Tel 01432 274187 Or Herefordshire CVYS Co-coordinator Tel 01432 277822 who will be able to advise or support you further.

Useful contact numbers
Child line: 0800 1111
NSPCC: 0808 800 5000
Samaritans: 08457 909090